

Centre Best Performances

(Best performance, blue level or better, by a TWH Little Athlete at any Little Athletics Competition, regardless of venue)

GIRLS				BOYS			
60m Hurdle							
U7	Lulu McGrath	13.7	2017	U7	Lucas Collett	13.0	2018
	Amelie McLennan	13.7	2017				
	Gracie Hefner	13.7	2018				
U8	Charlotte Caslick	11.9	2003	U8	A-J. Brimson	11.4	2006
					Joey Davis	11.4	2006
U9	Lauren Rowney	10.8	1998	U9	Trent McArdle	10.2	1996
U10	Kathryn McCormack	10.9	1994	U10	Francis Otto	10.5	1995
					Oscar Sullivan	10.5	2011
U11	Cassie Bailey	10.1	2006	U11	Cedric Dubler	9.8	2006
U12	Lara Ulasowski	10.2	1999	U12	Jack Clancy	9.6	1998
	Eloise Grigg	10.2	2019				
80m Hurdle							
U11*	Madison Tregidgo	16.4	2020	U11*	Samuel Anderson	14.3	2020
U12	Louella Diprose	15.6	2020	U12	Dehan Wickramasekera	16.8	2020
U13	Lara Ulasowski	13.3	2000	U13	Andrew Cameron	12.8	1994
U14	Virginia Trad	13.3	2005				
90m Hurdle							
				U14	Andrew Cameron	13.0	1995
U15	Virginia Trad	13.5	2006				
U16	Isabella Grigg	14.9	2017				
100m Hurdle							
				U15	Tom Toro	14.1	1999
				U16	Duncan Scott	15.3	2007
200m Hurdle							
U13	Virginia Trad	31.0	2004	U13	Andrew Cameron	28.1	1994
U14	Virginia Trad	29.6	2005	U14	Andrew Cameron	26.9	1995
	Emily First	29.6	2009				
300m Hurdle							
U15	Emma Cowhurst	57.9	2018	U15	Thomas Bryant	53.4	2020
U16	Isabella Grigg	53.4	2017	U16	Gus Grigg	48.4	2019
50m							
U6	Anna Nicklin	9.9	2000	U6	Joey Davis	9.2	2004
U7	Sophie Scott	8.8	2003	U7	Joe Jenkins	8.9	2003
U8	Sophie Scott	8.3	2004	U8	A Brimson	8.3	2006

70m

U6	Sophie Scott	13.2	2002	U6	Dane McArdle	12.7	1998
	Laura Buttner	13.2	2010				
U7	Charlotte Davis	12.1	2001	U7	Clint Devereaux	11.7	1991
U8	Sophie Moore	11.2	2016	U8	Timothy Williams	11.1	1990
U9	Rachel Millwood	10.9	1997	U9	Hamish Jackson	10.3	1996
	Sophie Moore	10.9	2017				
U10	Rebecca Moore	10.5	1991	U10	Shaun Molenda	10.0	1991
	Courtney Schirmer	10.5	2000				
	Lily Neill	10.5	2016				
U11	Kathryn Jukes	10.3	2009	U11	Jack Seawright	9.9	2008
					Paddy Cunningham	9.9	2013
U12	Kathryn Jukes	10.2	2010	U12	Callum Grady	9.6	2006

100m

U6	Bree-Arne McArdle	19.3	1996	U6	James Waterman	18.7	1995
U7	Mary Tiffin	17.4	1986	U7	William Bannah	16.2	1985
U8	Cassidy Jackson-Carroll	16.1	1987	U8	Tim Garrett	14.6	1992
	Bree-Arne McArdle	16.1	1998				
U9	Rebecca Moore	15.2	1990	U9	Clint Devereaux	14.4	1993
	Loren Rowney	15.2	1998				
U10	Meg Charlton	14.6	2005	U10	Matthew Crooke	14.2	1985
					Max Newstead	14.2	2001
					Callum Grady	14.2	2004
					Sam Vaughan	14.2	2005
U11	Jackie Bayliss	14.1	1987	U11	Jack Clancy	13.6	1997
	Charlotte Caslick	14.1	2006				
U12	Nina White	13.3	1990	U12	Jack Clancy	12.6	1998
U13	Erica Jones	12.6	1995	U13	Jack Clancy	12.4	1999
U14	Jackie Bayliss	12.7	1990	U14	Jack Clancy	11.5	2000
	Anais Dewilde	12.7	2017				
U15	Virginia Trad	12.7	2006	U15	Jack Clancy	11.9	2001
U16	Imelda Middleton	13.3	2017	U16	Duncan Scott	11.7	2007
U17	Kelly Johnston	13.9	2017				

200m

U6	Bree-Arne McArdle	42.1	1996	U6	Sam Vaughan	41.1	2001
U7	Mary Tiffin	37.3	1986	U7	Daniel Mulvihill	34.3	1989
U8	Bree-Arne McArdle	33.9	1998	U8	Daniel Heckenberg	32.4	1985
U9	Sophie Moore	32.2	2017	U9	Chidozie Uruakpa	30.5	1997
U10	Rebecca Moore	30.1	1991	U10	Sam Vaughan	29.1	2005
	Bree-Arne McArdle	30.1	2000				
U11	Nina White	29.1	1989	U11	Kristian Abandowitz	28.4	1986
U12	Nina White	27.6	1990	U12	Jack Clancy	26.3	1998
U13	Erica Jones	26.5	1995	U13	Jack Clancy	25.3	1999
U14	Jackie Bayliss	26.0	1990	U14	Jack Clancy	24.6	2000
U15	Virginia Trad	25.9	2006	U15	Duncan Scott	24.6	2006
U16	Imelda Middleton	27.7	2017	U16	Duncan Scott	24.9	2007
					Nicholas Yem	24.9	2016
U17	Kelly Johnston	29.3	2017				

400m

U8	Bree-Arne McArdle	1'20.0	1998	U8	Clint Devereaux	1'17.5	1992
U9	Bree-Arne McArdle	1'14.1	1999	U9	Shawn Ashkanasy	1' 9.2	1985
U10	Bree-Arne McArdle	1' 8.5	2000	U10	Sam Vaughan	1' 6.0	2005
U11	Bree-Arne McArdle	1' 3.7	2001	U11	Shawn Ashkanasy	1' 4.4	1987
U12	Jackie Bayliss	1' 3.3	1988	U12	Jack Clancy	1' 2.0	1998
U13	Jackie Bayliss	1' 0.5	1989	U13	Jack Clancy	57.0	1999
U14	Jackie Bayliss	1' 2.5	1990	U14	Jack Clancy	55.8	2000
U15	Susan Holden	1' 2.9	1991	U15	Peter Shanks	54.8	1992
U16	Olivia Boyd	1' 4.7	2020	U16	Zac Tully	58.3	2007
U17	Jessica O'Reilly	1' 8.9	2017				

800m

U9	Loren Rowney	2'48.2	1998	U9	Raphael Jadin	2'39.5	1988
U10	Bree-Arne McArdle	2'39.3	2000	U10	Evan Wilkes	2'34.4	1987
U11	Bree-Arne McArdle	2'29.6	2001	U11	Benjamin Ganko	2'25.3	2012
U12	Tenille Morrissey	2'30.8	1989	U12	Shawn Ashkanasy	2'18.2	1988
U13	Emma-Kate Watt	2'25.3	2017	U13	Evan Wilkes	2'15.0	1990
U14	Emma Hossack	2'20.1	2017	U14	Peter Shanks	2'12.1	1991
U15	Emma Hossack	2'21.2	2018	U15	Peter Shanks	2' 6.1	1992
U16	Olivia Boyd	2'32.9	2020	U16	Charlie Irving	2'37.6	2020

1500m

U11	Bree-Arne McArdle	5'13.4	2001	U11	Benjamin Ganko	4'47.8	2012
U12	Tenille Morrissey	5'02.3	1989	U12	Shawn Ashkanasy	4'51.0	1988
U13	Emma-Kate Watt	5'03.5	2017	U13	James Turnbull	4'36.7	1994
U14	Emma Hossack	4'45.9	2017	U14	Patrick Cornwell	4'32.0	1987
U15	Emma Hossack	4'54.5	2018	U15	Conrad Hoskin	4'23.8	1991
U16	Olivia Boyd	5'29.8	2020	U16	Zac Tully	5'12.1	2007

300m Walk

U6	Katrina Riese	2'07.5	2004	U6	Nilsen Berquier	1'59.5	1994
U7	Jane Mulvihill	1'39.2	1991	U7	Timbi Poon	1'43.4	1993
U8	Kristina Kedwell	1'29.4	1993	U8	William Armstrong	1'33.5	1991
U9	Sophie Rose	1'27.9	1992	U9	Geoff Martin	1'23.3	1994

700m Walk

U8*	Andie Ganter	5'12.9	2020	U8*	Alex Sanders	5'19.3	2020
U9	Sophie Rose	3'39.4	1992	U9	Geoff Martin	3'30.5	1994
U10	Katrina Riese	3'56.6	2008	U10	William Armstrong	3'27.6	1993
U11	Rebecca Teahen	3'44.5	2018	U11	Geoff Martin	3'26.7	1996
U12	Sarah Bitomsky	3'38.5	1994	U12	Oliver Zuk	3'11.2	1993
U13	Kate Sanford	3'22.8	2004	U13	Oliver Zuk	3' 2.4	1994
U14	Roxy Schmidt	3'10.7	1998	U14	Oliver Zuk	2'58.4	1995
U15	Roxy Schmidt	2'57.4	1999	U15	William Armstrong	2'53.5	1998
U16	Mikaela Woodward	3'18.8	2015				

1100m Walk

U10	Liberty Humphreys	6'08.7	2010	U10	Geoff Martin	5'42.6	1995
U11	Rebecca Teahen	5'38.0	2018	U11	Geoff Martin	5'51.7	1996

1500m Walk

U12	Rebecca Teahen	7'55.6	2019	U12	Oliver Zuk	7'21.3	1993
U13	Kate Sanford	7'29.2	2004	U13	Oliver Zuk	6'53.3	1994
U14	Roxy Schmidt	7'15.9	1998	U14	Oliver Zuk	7'12.5	1995
U15	Roxy Schmidt	6'55.3	1999	U15	William Armstrong	6'45.6	1998
U16	Mikaela Woodward	7'45.4	2015				

Shot Put

U6	Emily Ryan	4.78	2012	U6	Luke Donaldson	5.32	2000
U7	Sophie Scott	5.39	2003	U7	Jamie Lowndes	8.55	1987
U8	Jade Somerville	5.92	2012	U8	Kiran Henry	7.30	1994
					Max Newstead	7.30	1999
U9	Wasie Toolis	7.47	2004	U9	Jack Clayton	8.00	2008
U10	Wasie Toolis	8.92	2005	U10	Oscar Sullivan	10.90	2011
U11	Wasie Toolis	10.56	2006	U11	Oscar Sullivan	12.72	2012
U12	Joanne Lane	12.56	1989	U12	Harry Cohen	9.46	2020
U13	Wasie Toolis	10.66	2008	U13	Adam Curnock	12.48	1988
U14	Alison Lever	11.68	1987	U14	Rupert Dwyer	10.09	2014
U15	Erica Sitcheff	13.40	2017	U15	Augustine Otto	12.80	2000
U16	Lillian Kolb	10.28	2019	U16	Zac Tully	13.34	2007
U17	Min Heo	9.85	2017				

Discus

U6	Sophie Ulcoq	10.94	2002	U6	Luke Donaldson	14.64	2000
U7	Susan Hedge	14.34	1992	U7	Luke Donaldson	19.80	2001
U8	Sophie Rose	14.74	1991	U8	Max Newstead	24.86	1999
	Bridget Seawright	14.74	2007				
U9	Kate Woodhouse	19.24	2004	U9	Gareth Estwick	26.70	1987
U10	Jovana Ilic	24.50	2019	U10	Oscar Sullivan	33.40	2011
U11	Wasie Toolis	27.82	2006	U11	Tim Winterflood	29.02	1999
U12	Wasie Toolis	36.08	2007	U12	Tim Winterflood	37.78	2000
U13	Wasie Toolis	39.02	2008	U13	Tim Winterflood	42.44	2001
U14	Alison Lever	35.22	1987	U14	Tim Winterflood	44.00	2002
U15	Lillian Kolb	33.39	2018	U15	Andrew French	56.70	2006
U16	Lillian Kolb	31.07	2019				

Javelin

U11	Wasie Toolis	27.00	2006	U11	Augustine Otto	33.34	1996
U12	Wasie Toolis	35.24	2007	U12	Nilsen Berquier	37.64	2000
U13	Wasie Toolis	47.19	2008	U13	Nilsen Berquier	38.78	2001
U14	Ashleigh.Sitcheff	46.23	2017	U14	Andrew Fittell	48.72	1987
U15	Erica Sitcheff	42.53	2017	U15	Connor Lehane	24.91	2013
U16	Lillian Kolb	31.07	2019	U16	Joshua Watt	48.74	2017
U17	Min Heo	23.79	2017				

Vortex

U6	Annelise Hunt	8.25	2020	U6	Aston Mahony	13.90	2020
U7	Sarah Anderson	10.70	2020	U7	Benjamin Cohen	16.75	2020
U8	Phoebe Dwyer	16.36	2020	U8	Charlie Bryant	26.20	2018
U9	Zoe Renton	19.65	2020	U9	Archie Harrison	28.90	2020
U10	Emma Sheehan	23.17	2019	U11	Thomas Scott	36.60	2020

High Jump

U8	Sarah Taylor	1.02	2010	U8	James Gurn	1.10	1991
U9	Alice Nicklin	1.14	1999	U9	James Gurn	1.25	1992
	Annabel Ryan	1.14	2010				
U10	Claire Patterson	1.24	1985	U10	James Gurn	1.30	1993
U11	Alison O'Dwyer	1.31	1992	U11	Duncan Scott	1.38	2002
U12	Joanne Lane	1.51	1989	U12	Shaun Clough	1.55	1987
					James Gurn	1.55	1995
U13	Mya Thomas	1.57	2016	U13	Henry Bryan	1.63	2000
U14	N Barker	1.65	2017	U14	Henry Bryan	1.78	2001
U15	Zara Leembruggen	1.65	2016	U15	Henry Bryan	1.75	2002
U16	Isabella Grigg	1.45	2017	U16	Charlie Irving	1.78	2020

Long Jump

U6	Anna Nicklin	2.57	2000	U6	Levi Paige	2.80	2015
U7	Mary Tiffin	3.14	1986	U7	Max Newstead	3.38	1998
U8	Cassidy.Jackson-Carroll	3.41	1987	U8	Daniel Heckenberg	3.90	1985
U9	Lauren Rowney	3.77	1998	U9	Max Newstead	4.31	2000
U10	Bree-Arne McArdle	4.24	2000	U10	Ben Hogan	4.63	1991
U11	Jackie Bayliss	4.52	1987	U11	Max Newstead	4.70	2002
U12	Nina White	5.22	1990	U12	Jack Clancy	5.32	1998
U13	Harriet Lawrence	5.13	2005	U13	Tim Winterflood	5.50	2001
U14	Jackie Bayliss	5.08	1990	U14	Jack Clancy	5.83	2000
U15	Jackie Bayliss	5.10	1991	U15	Santi Chimyong	5.88	1991
U16	Imelda Middleton	4.50	2017	U16	Duncan Scott	5.56	2007

Triple Jump

U11	Nina White	9.52	1989	U11	Max Newstead	9.66	2002
U12	Jackie Bayliss	10.80	1988	U12	Max Newstead	10.87	2003
U13	Harriet Lawrence	11.15	2005	U13	Dominic Trad	10.97	2005
U14	Jackie Bayliss	10.50	1990	U14	Dominic Trad	11.97	2006
U15	Jackie Bayliss	10.72	1991	U15	Tom Toro	11.99	1999
U16	Isabella Grigg	9.33	2017	U16	Duncan Scott	11.91	2007

BEST RELAY PERFORMANCES**4x70m Shuttle**

U7B	52.1	1992	Lachlan Boyle, Hamish Jackson, Leif Lyons, John Toro
U7G	55.9	1992	Alana Dempsey, Cassidy Herps, Jennifer Martin, Bryony Willis
U8B	48.1	1989	Richard Halliday, Ryan Hansford, Daniel Mulvihill, Timothy Williams
	48.1	1998	Nicholas Muggeridge, Max Newstead, Nick Northcott, Sam Williams
U8G	50.4	1987	Stephanie Ellis, Anna Guernsey, Kate Mulvihill, Phoebe Papas

4x100m Shuttle

U7B	1:14.6	1998	Alexander Burko, Dane McArdle, Alexander Pattison, Duncan Scott
U7G	1:20.4	2002	Gillian Angliss, Johanna Davie, Sophie Scott, Sophie Ulcoq
U8B	1:09.6	1998	Nicholas Muggeridge, Max Newstead, Nick Northcott, Sam Williams
	1:09.6	2000	Tom Barnes, Nick Connolly, William Read, Tom Vaughan
U8G	1:13.8	1997	Sarah Atley, Alice Nicklin, Alice Turnbull, Sarah Wilson

4x100m Circ.

U9B	1:02.1	1996	Kyle Beard, Martin Jacobson, Chidozie Uruakpa, Tim Winterflood
U9G	1:06.5	1989	Natalie Aldous, Rebecca Moore, Lauren Richards, Elizabeth Wallace
U10B	58.2	1993	Adrian Constantine, Clint Devereaux, Tim Garrett, Nick Haug
U10G	1:01.3	1987	Nadine McMillan, Maria Nearhos, Tanya Richards, Nina White
	1:01.3	2005	Cassie Bailey, Charlotte Caslick, Meg Charlton, Emily First
U11B	56.9	2005	Corey Brown, Callum Grady, Tom Harvey, Dan Winter
U11G	59.6	2000	Bree-Arne McArdle, Alice Nicklin, Courtney Schirmer, Sarah Wilson
U12B	55.5	1997	Jack Clancy, Laurence Cosgrove, Tim Danielewski, Patrick Morgan
U12G	57.5	2005	Charlotte Davis, Alice First, Laura Sharpe, Chiaki Takahashi
U13B	52.6	2006	Charlie Brimson, Callum Grady, Andreas Ruggieri, Aaron Sands
U13G	52.85	2020	Sophie Moore, Isabelle Palmer, Kya Horridge, Eloise Grigg
U14B	52.2	1988	Angus Algie, Barry-Jay Cook, Tim Lawson, Jerome Sarris
U14G	54.9	1999	Alice Duniam, Matilda Gunn, Emily Malcolm, Bridget O'Shea
U15B	49.4	1989	Ian Bohn, Barry-Jay Cook, Tim Lawson, Jerome Sarris
U15G	54.5	1990	Jackie Bayliss, Christine Egan, Susan Holden, Stephanie West
U16G	58.4	2015	Jacinta Cowin(U14), Kelly Johnston, Constanza Mezzano(U14), Maddison Wood(U15)
U16B	58.39	2020	Angus Lee(U13), Olivia Boyd (U16), Hannah Sheehan (U15), Cameron Dubbeldam(U14)

4x200m

U9B	2:13.4	1996	Louis Dodgson, Martin Jacobson, Chidozie Uruakpa, Tim Winterflood
U9G	2:22.1	1998	Bree-Arne McArdle, Alice Nicklin, Alice Turnbull, Rachel Willims
U10B	2:06.1	1993	Adrian Constantine, Clint Devereaux, Tim Garrett, Nick Haug
U10G	2:10.5	1987	Nadine McMillan, Maria Nearhos, Tanya Richards, Nina White

4x Swedish (100m, 200m, 300m,400m) Partially replaced 4xMedley from 2018

U11B	2:53.69	2020	Lucas Anderson, Hamish Wormwell, Thomas Froget Penaranda, Samuel Anderson
U11G	3:12.1	2018	Evangeline Bourke, Caterina Davey, Louella Diprose, Lyra Shankey
U12B	2:55.4	2018	James Axelsson, Angus Lee, Harry Tozer, Ethan Vojinov
U12G	2:59.6	2018	Lucinda Freeman, Eloise Grigg, Eliza Hoyling, Isabelle Palmer
U15B	2:34.27	2020	Jonathan Riese, Thomas Bryant, Cameron Dubbeldam, Noah Cowley
U16G	2:47.7	2020	Lucinda Freeman, Olivia Boyd, Ruby Logan, Hannah Sheehan

4xMedley (200m,200m,400m,800m)

U11G	4:55.5	2000	Bree-Arne McArdle, Alice Nicklin, C Schirmer, S Wilson
U13B	4:33.45	2011	T Cavanagh, C Lehane, D Radford-Smith, J Radford-Smith
U13G	4:42.89	2020	Eliza Hoyling, Sophie Moore, Isabelle Palmer, Kya Horridge
U14B	4:41.78	2019	Thomas Bryant, Lauren Guppy, Alexander Webster, Xavier Kolb
U14G	5:01.99	2019	Hannah Sheehan, Isabelle Palmer, Alessandria-Jayde Tucker, Sienna Vojinov

4x400m to 1999

U11B	4:36.6	1995	N McVeigh, G Martin, A Otto, F Otto
U13B	4:17.7	1990	Joel Boogers, Robert Gooley, Mark Jones, Mark West
U13G	4:23.4	1989	Joanne Lane, Sarah McEvoy, Dana Morrissey, Tenille Morrissey
U14B	4:08.1	1988	Barry-Jay Cook, Tim Lawson, Jerome Sarris, Daniel White
U14G	4:27.4	1989	Jackie Bayliss, Megan Goudie, Emily Moore, Adria White