



2020 McDonald's State Relay Championships

Information for Athletes, Parents & Team Managers

We look forward to welcoming you to the 2020 McDonald's State Relay Championships. The following information is provided for all athletes, parents and Team Managers.

Information for Athletes & Parents

- When athletes arrive at the venue, there is no need to mark their name off with LAQ. Please find your Centre's Team Manager and advise them of your arrival.
- Program times may be brought forward up to 30 minutes or delayed for various reason, we recommend athletes arrive at the grounds at least 45 minutes prior to the program time.
- There will only be one call (announcement) per event or event block.
- Athletes must present to the Call Room (marshalling area) for all Track events. The Call Room will be located under the marquees near the start of the 100m. For Field events, athletes present directly to their event site. All athletes must be in correct approved Centre uniform, otherwise they will not be allowed to enter the competition arena to compete. This includes their registration number, age patch and Coles patch.
- If athletes have clashing events, the athlete should advise the Field Event Chief or Event Recorder that they have a clashing event. The Team Manager should also advise the Clash Marshall who will generally be located in the Call Room.
- Spike Rules: Needles spikes are not permitted. The only style of spikes permitted on the SAF synthetic track and field event areas are Christmas Tree and Pyramid style. At track events spikes must not exceed 7mm and at field events spikes must not exceed 9mm. Refer to page 8 of the [Competition Handbook](#) for spike allowances for the U11 – U17 age groups.

Information for Team Managers

Each Centre must ensure that a Team Manager is available at the arena prior to the first Centre nominated event until the last nominated event. Team Managers are responsible for reporting:

- All errors, team alterations, and withdrawals to the recording room located in the demountable opposite the finish line (southern end) of the arena. Forms will be available from the recording room.
- All clashes to the Clash Marshall, located in the Call Room.

Only Team Managers can lodge protests. Protests must be lodged with 15 minutes of the event's completion and be accompanied by the \$55 protest fee. Protests can be lodged in the recording room.

The role of Team Manager can be shared amongst any number of Centre appointed members. Names must be provided prior to the start of the competition via email to k.junt@laq.org.au up until noon Friday 11th December or via check-in on the day of competition using the TEAM MANAGERS EVA CHECK IN CODE, which will be posted on outside the recording room. Please note this is separate to the COVID check-in.

Conditions of Entry & General Information for All

- This event will be operating under a COVID Safe Industry Plan. It is a requirement that all persons attending the event MUST check in when they arrive, using the check in code that will be located around the grounds. You will be required to show proof that you have checked in BEFORE you are permitted entry to the ground. Please ensure you have read our COVID Safe Advice before attending. This can be found by clicking [here](#).
- We recommend that you download the EVA Check in App (if you don't have it already) to speed up your entry process.
- Entry can only be accessed through the dedicated entry point, located under the tunnel. Please follow the signs when you arrive. Gates open at 6:30am. To view the venue map for this competition, please click [here](#).
- The exit point is located at the corner gates (opposite the toilet block).

- Pass outs will be available for persons who have already checked in. These can be collected from the exit point.
- Please ensure that you adhere to social distancing guidelines at this competition.
- An information tent will not be operating at this competition.
- There will be a cashless canteen operating throughout the day.
- The Final Event Order and an e-copy of the Program booklet can be found by clicking [here](#). There will no programs for sale at the competition.
- Live results will be available throughout the competition. A link can be found on the LAQ Competition [Results page](#). Users must remember to refresh the web browser when viewing the results multiple times.
- Photographs will be taken during the competition by an appointed photographer and made available after the competition for viewing and downloading. More information will be provided ASAP. Due to the large number of athletes, LAQ will not be taking requests for photos.
- Due to COVID an engraver will not be available at this competition.
- To ensure the events run to time, it is important that parents and guardians come forward to assist at the events when called. We thank you in advance for your assistance.
- LAQ is proud to support Ronald McDonald House Charities South East Queensland (RMHC SEQ) and will be conducting a CHRISTMAS PANTRY DRIVE at this competition. Any donations would be greatly appreciated, but there are some items that are essential. A WISHLIST is available on our Facebook page. Simply bring your donated items to the competition and leave them in the designated donation tubs at the entry point to the stadium. Any contribution helps, no matter how big or small.
- The Nordic Sport Merchandise tent will be located at the southern end of the arena near the exit gate. Pre-ordered Souvenir Shirts can be collected from the Nordic Sport staff after 9am. A limited number of shirts will be available for purchase on the day.
- Events at the McDonald's State Relay Championships will only be postponed or cancelled due to extreme weather conditions. Decisions will be made on the day of competition. Any updates will be posted on the LAQ website and Facebook page.
- The grandstand will be open, but social distancing will apply.
- Tents will be permitted on the grassed areas outside of the arena. Tent pegs are to be no larger than 30cm in length. Tent space is offered on a first in basis on Saturday morning. Tents are not permitted to be set up Friday afternoon. Please ensure that tents are erected at least 1.5m from other tents and ensure that social distancing guidelines are followed for those under the tents.
- As there are just under 1,700 athletes registered to compete, the venue will be incredibly busy. Please be patient and allow ample time for parking and queuing for COVID check in.