



November Newsletter

TOOWONG HARRIERS

Welcome to our first newsletter of the season.

What a great start to our season we have had. Our Club has seen the highest number of athletes registered!

We have a busy few weeks coming up starting with our final meet for the year, the Toowong Gift and the State Relays.

To celebrate our final meet for the year, we will be presenting our next round of awards and having some fun Tug O War games. Pizza snack will also be provided. Feel free to BYO snacks and picnic rug.

We hope that we are providing the fun, safe, competitive learning environment your little athletes are all looking for. It's great to see so many happy, healthy kids running around each week. If you think we can do better or do anything different, we would very much appreciate your input / feedback. Feel free to email me at manager@toowongharriers.org.au at any time.

I have been so proud to see such great parental involvement this year. I think we are a great community of like minded people who want to give our children opportunities to thrive. Thank you all for jumping in each and every week!

Trudy Lennox
Centre Manager



AWARDS

Special congratulations to our first round of award winners for this season. Our next awards will be presented at our final meet for the year, Saturday 5th December.

Encouragement Award

All three of these athletes have represented our club at Coles Carnival, had 100% attendance at meets so far, had strong performance across most events, with regular PB achievement.

All are great sports and positive role models – Well Done!

Girls

U8 - Bianca Moore
U9 - Andie Ganter

Boy

U8 - Tony Geagea

Sponsored by Athlete's Foot



Progress Awards - Most PB's for October

Congratulations to all of these athletes. Improvement is something we really focus on at Little Athletics and these children have been super consistent with their efforts over the month of October.

Girls – 4 way tie on 7 PB's

U8 - Lola Rohrig
U8 - Harper Kaleopa
U9 - Phoebe Dwyer
U12 - Emma Sheehan

Boy – 8 PB's

U8 - Patrick Wright

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UPCOMING EVENTS

Toowong Gift - Sunday 6th December

It is that time of year again. We would like to invite you and all your members to come and join us on Sunday the 6th of December for the annual running of the Toowong Gift & Junior Gift 3000m grass track events, plus the 1K dash for the U11's.

We have a massive prize pool on offer across the day as generously donated by our club and our wonderful sponsors. It's a classic event on grass and will be an awesome twilight event for all.

There will be a BBQ on the day.

Registration is online only and the afternoon kicks off from 4:00pm.

- 4:30pm 1km Junior Dash - open to QA & Little Athletics members U6 Boys & Girls (born 2010-2015)
- from 5:15pm Junior Gift - open to all QA members, Boys & Girls (born 2002-2009)
- from 6:00pm Open events - open to all QA members, for both Male & Female open and Masters 35yrs+ category

To register and find more information please use these links.

If you have any questions about the Toowong Gift, please email seniors@toowongharriers.org.au, or president@toowongharriers.org.au.

Hope to see you there.

Our sponsors for this event are:





UPCOMING EVENTS

State Relays - Saturday 12th December

All teams (Under 9 and older) who achieved a 1st/2nd/3rd place at the Regional Relays on Sunday the 6th November have qualified to attend State Relays at Qld State Athletics Facility at Nathan on Saturday 12th December. Congratulations and well done!

Thank you to everyone who has confirmed whether they can attend or not. If you haven't already let Melissa know or you have any questions regarding the teams please get in contact with Melissa at teammanager@toowongharriers.org.au ASAP.

Track teams are encouraged to work out together when suits them best to train. As you know, a slower baton change can mean 5 metres at the finish line. The track is open Sunday mornings from 8-11am. If you would like to train at other times, please let us know and we can confirm track availability.

At this stage, we are suggesting that one of the team parents takes the lead to coordinate this. If you would like to talk to me more about training, or need assistance, please ask.

Good luck to all our teams!

PAST EVENTS

Coles Summer Carnival - Saturday 31st October

There were mixtures of emotions on Saturday at the Coles Summer Carnival, some wonderful successes (summarised below), some disqualifications and then the storm.

Some athletes unfortunately missed some/all of their events. We're really sorry, the weather really hasn't been kind to us this year.

First

U8 - Benjamin Cohen 70m

U12 - Sam Anderson 400m

U17- Olivia Boyd 1500m

Second

U8 - Giancarlo Antonio 70m

U8 - Benjamin Cohen 200m

U12 - Isabelle Mortensen 1500m

U12 - Daniel Antonio 200m

U14 - Liam Sheehan 1500m Walk



Third

U10 - Bianca Antonio 70m

U10 - Brooke Tredidgo High Jump,

U12 - Daniel Antonio Triple Jump.

Big congratulations to these athletes and well done to everyone who competed!

PAST EVENTS

Regional Relays - Sunday 6th November

Congratulations team! What a day it was out at Ipswich on Sunday.

We were so proud of all our athletes. They gave 100%, supported their team mates and had some great success. Huge thank you to those kids who stepped in and ran additional races where we had absences on the day. This is what Toowong team spirit is about!



And parents, thank you for jumping in and helping in volunteer roles where needed (that sun was hot!) and also to those who were marshalling and assisting the kids to prepare for their events.

A couple of our teams broke regional records, which is amazing! Regional records are very hard to come by, so huge congratulations to these teams.

U8 Girls – 4x100m 1.15.02

U11 Boys – Swedish Relay 2.50.79

We had an incredible 28 track teams and 34 field teams place in the top 3 positions on the day. All teams (Under 9 and older) who achieved a 1st/2nd/3rd place have qualified to attend State Relays at Qld State Athletics Facility at Nathan on Saturday 12th December. We have 63 athletes in total who have qualified. Results can be found [here](#).

Finally, I would like to say a special thank you to Mel Cohen our Team Manager who had a very busy day, managing the substitutions and official rulings.

From all of us, Thank you!



COMMITTEE AND SUPPORTING ROLES

A massive thank you to all our committee and volunteers. Without each and everyone of you, our Centre could not continue to thrive.

I really do feel lucky when I talk to some of the other Centres and compare notes. I am proud of the community we have all formed together and how we all get behind our kids.

Our Committee meets at 7:00pm on the third Thursday of the month at the clubhouse; please come along and contribute to the running of our Centre. All welcome!

The next meeting is Thursday, 21st January 2021.

Thank you!

